

WORDS OF AFFIRMATION PRACTICE PHRASES



PRACTICE SPEAKING THESE WORDS DAILY

- I am chosen by God. (John 15:16)
- I am enough. (2 Corinthians 12:9)
- I am brave. (Psalm 23:4)
- I am gifted. (1 Peter 4:10)
- I can do all things through Christ who strengthens me. (Philippians 4:13)
- I will not worry because God will provide for me. (Matthew 6:25-34)
- God will give me all that I need in His perfect timing. (Habakkuk 2:3)
- I have hope for the future. (Jeremiah 29:11)
- The Lord gives me strength and peace. (Psalm 46:1)
- I am deeply loved for who I am and not what I do. (Psalm 139:16)
- I will not fear because God has a plan for my life. (Proverbs 3:5-6)
- The Lord restores my health and heals my wounds. (Jeremiah 30:17)
- God gives me strength and upholds me. (Isaiah 41:10)